

CONFIDENT LEARNER

PARENT PACK

Help your child stay organised, focused and confident with this free printable toolkit, created by experienced educators to support and encourage learning at home.



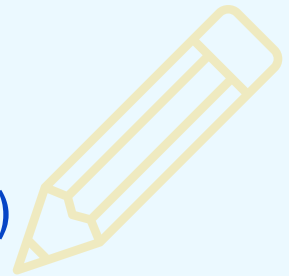
WELCOME PARENTS!

Let's Get Started

We're glad you're here. This pack is designed to help your child regain confidence and thrive in the classroom.

What's Inside

- Parent Checklist for Academic Turnaround
- Term Planner
- Weekly Homework Planner (with example)
- Assignment Planner (with example)
- Top 5 Secrets of High Achieving Students



How to Use This Pack

- Read through the pack and print the pages you'd like to use. Display them in your child's study space, on the fridge or somewhere it can't be missed!
- Check in with your child regularly, offering support and celebrating wins along the way!



Parent Checklist for Academic Turnaround

Simple steps to help your child get back on track fast!

☐ Understand the Root of the Struggle

- ☐ I've had an open, supportive chat with my child about their results.
- ☐ I've asked what they found difficult and listened without judgement.

☐ Rebuild Confidence and Motivation

- ☐ I've helped them identify a recent win to build momentum.
- ☐ We've set small, achievable academic goals for this term.



☐ Create an Organised Study Environment

- ☐ We've set up a quiet, distraction-free homework zone.
- ☐ We've added their due dates and assignments to a visible planner.

☐ Seek the Right Learning Support

- ☐ I've checked in with their teacher or school if needed.
- ☐ I've explored tutoring options to target key learning areas.



Top Secrets of High-Achieving Students



1. They Master the Basics First

High achievers don't skip steps. They build a strong foundation by fully understanding core concepts. Encourage your child to ask questions and revisit topics until they click.



2. They Use Active Recall & Spaced Repetition

Instead of re-reading notes, they quiz themselves and revisit material regularly over time. Use flashcards, explain concepts aloud, and space study sessions over several days.



3. They Ask For Help Early

High performers know when they are stuck and they seek support fast. Remind your child there's no shame in needing help. Early intervention saves time and stress.



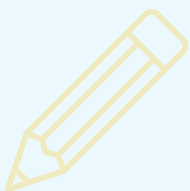
4. They Stick to a Routine

They treat study like a habit, not a last minute panic. Create a consistent, after-school routine with time blocks for homework, revision and regular breaks.



5. They Work in Focused Bursts

Rather than long, distracted hours, they use short, high-focus sessions. Try 30 minutes of work + a 5 minute break. Track tasks and check off progress to stay motivated.



THIS WEEKS HOMEWORK PLAN

(TURN OVER FOR EXAMPLE)

Monday

Tuesday

Wednesday

Thursday

Friday

THIS WEEKS HOMEWORK PLAN

EXAMPLE

Monday	Tuesday	Wednesday	Thursday	Friday
Maths: Complete fractions worksheet (due Wednesday) English: Read Chapter 4 of Novel	Science: Watch States of Matter video + take notes (due Thursday) History: Research 5 facts about Ancient Egypt (due Friday)	English: Draft persuasive essay (due Friday) PDHPE: Pack sports gear for Friday sports	Maths: Revise quiz questions from Monday	Review planner and pack bag for next week Enjoy the weekend!

ASSIGNMENT PLANNER

(TURN OVER FOR EXAMPLE)

Subject:		Due Date:	
Description:			
Tasks		Done?	
		☐	
		☐	
		☐	
		☐	

ASSIGNMENT PLANNER

EXAMPLE

Subject: English		Due Date: 5/8/2025	
Description:			
Write a persuasive essay on whether mobile phones should be allowed in schools.			
Your paragraph text			
Tasks		Done?	
●	Research 3 key facts	☒	
●	Create assignment outline	☒	
●	Write first draft	☐	
●	Edit and proofread	☐	

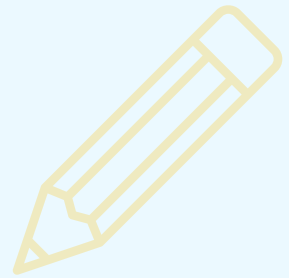
WHAT'S NEXT?

Let's Keep the Momentum Going!

You've taken the first step. You've downloaded the pack, organised a plan, and shown your child that their learning matters. But if your child is struggling or falling behind, you don't have to figure it out all alone.

At MindPath, we help students:

- ✓ Get back on track with a structured program
- ✓ Build lasting confidence
- ✓ Feel proud of their progress once again



We work with students from Kindergarten to Year 12, offering expert tuition in all subjects. We offer private, face-to-face and online tutoring options to give parents ultimate flexibility and students the support they need.

Get in Touch With Us Today!

Don't let lack of confidence or disappointing results hold your child back. Give them the gift of personalised support and watch them blossom into the confident learner they were always meant to be. Let's do this, together.

Visit us at mindpathtutoring.com.au

REAL SUPPORT | REAL RESULTS

